

GETTING YOUR HOME READY FOR NAMASTE CARE

Choose the core team



Namaste Champions: enthusiastic, committed to dementia care.

Assess impact on the home



Consider how residents and staff may respond to Namaste care

Wider team



Let people know about the programme

Inspire your staff



Help people to understand why you are introducing Namaste care

Teamwork



Get everyone on board with the Namaste Care programme

Involve families



Inform and discuss with family members of residents

Training



Staff training and education session

Identify residents



Consider which residents may be eligible

Workload



Consider staffing and workload allocations