|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Namaste Familieprogramma Checklist** | | | | | | | | | | | | | | | | | | |
| Ten behoeve van de kwaliteitsbewaking vult de teamleider of Namaste coördinator maandelijks de Namaste checklist in.  Noteer de datum en uw initialen hieronder. U kunt aangeven in de kolom hieronder afvinken aan welke voorwaarde is voldaan. Als een item niet op orde of van toepassing is, kunt u dit leeg laten. | | | | | | | | | | | | | | | | | | |
| **Datum en initialen** | | |  | | |  | | |  | | |  | | |  | | |  |
| **Namaste-ruimte** | | | | | | | | | | | | | | | | | | |
| Rustgevende muziek afspelen | | |  | | |  | | |  | | |  | | |  | | |  |
| Snacks aanwezig | | |  | | |  | | |  | | |  | | |  | | |  |
| Drinken aanwezig | | |  | | |  | | |  | | |  | | |  | | |  |
| Gepaste verlichting  (geen fel licht) | | |  | | |  | | |  | | |  | | |  | | |  |
| Stoelen voor bezoekers | | |  | | |  | | |  | | |  | | |  | | |  |
| Welkomstbord bij deur | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone deur | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone vloer | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone stoelen | | |  | | |  | | |  | | |  | | |  | | |  |
| Aanrecht schoon | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone keukenapparaten | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone meubels | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone ramen | | |  | | |  | | |  | | |  | | |  | | |  |
| Gordijnen / vitrage schoon en op juiste stand | | |  | | |  | | |  | | |  | | |  | | |  |
| Prullenbak leeg en netjes | | |  | | |  | | |  | | |  | | |  | | |  |
| Planten in goede conditie | | |  | | |  | | |  | | |  | | |  | | |  |
| Geen onaangename geur in de kamer | | |  | | |  | | |  | | |  | | |  | | |  |
| Vuil wasgoed in een gesloten bak | | |  | | |  | | |  | | |  | | |  | | |  |
| Koelkast schoon en op de juiste temperatuur instelling | | |  | | |  | | |  | | |  | | |  | | |  |
| Voedsel van datum voorzien | | |  | | |  | | |  | | |  | | |  | | |  |
| Electrische apparaten gecontroleerd door de facilitaire dienst | | |  | | |  | | |  | | |  | | |  | | |  |
| Algemene verzorging kamer schoon en netjes | | |  | | |  | | |  | | |  | | |  | | |  |
| Anders: | | |  | | |  | | |  | | |  | | |  | | |  |
| Anders: | | |  | | |  | | |  | | |  | | |  | | |  |
| **De bewoners** | | | | | | | | | | | | | | | | | | |
| Bewoners zien er comfortabel en rustig uit (niet kreunen of angstige gezichtsuitdrukkingen) | | |  | | |  | | |  | | |  | | |  | | |  |
| Gezicht schoon en ingesmeerd | | |  | | |  | | |  | | |  | | |  | | |  |
| Haar verzorgd | | |  | | |  | | |  | | |  | | |  | | |  |
| Geen onaangename geurbij een van bewoners | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone handen | | |  | | |  | | |  | | |  | | |  | | |  |
| Schone nagels | | |  | | |  | | |  | | |  | | |  | | |  |
| Armen ingesmeerd | | |  | | |  | | |  | | |  | | |  | | |  |
| Benen ingesmeerd | | |  | | |  | | |  | | |  | | |  | | |  |
| Kleding schoon en fris | | |  | | |  | | |  | | |  | | |  | | |  |
| Deken of/en quilt schoon | | |  | | |  | | |  | | |  | | |  | | |  |
| Anders: | | |  | | |  | | |  | | |  | | |  | | |  |
| **Namaste-benodigdheden** | | | | | | | | | | | | | | | | | | |
| Handcrème | |  | | |  | | |  | | |  | | |  | | |  | |
| Gezichtscrème | |  | | |  | | |  | | |  | | |  | | |  | |
| Bodylotion | |  | | |  | | |  | | |  | | |  | | |  | |
| Massage olie | |  | | |  | | |  | | |  | | |  | | |  | |
| Scheermesjes | |  | | |  | | |  | | |  | | |  | | |  | |
| Scheerschuim | |  | | |  | | |  | | |  | | |  | | |  | |
| Kam/borstel | |  | | |  | | |  | | |  | | |  | | |  | |
| Mondverzorgingsproducten | |  | | |  | | |  | | |  | | |  | | |  | |
| Lavendel en essentiële oliën | |  | | |  | | |  | | |  | | |  | | |  | |
| Geuren van het seizoen | |  | | |  | | |  | | |  | | |  | | |  | |
| Aroma therapie diffuser of spray | |  | | |  | | |  | | |  | | |  | | |  | |
| Verdikkingsmiddel | |  | | |  | | |  | | |  | | |  | | |  | |
| Rietjes | |  | | |  | | |  | | |  | | |  | | |  | |
| Bestek | |  | | |  | | |  | | |  | | |  | | |  | |
| Slabben en/of servetten | |  | | |  | | |  | | |  | | |  | | |  | |
| Plastic zakken | |  | | |  | | |  | | |  | | |  | | |  | |
| Levensechte knuffels en poppen | |  | | |  | | |  | | |  | | |  | | |  | |
| Eigen deken/quilt per bewoner | |  | | |  | | |  | | |  | | |  | | |  | |
| Opbergopties voor persoonlijke spullen bewoners | |  | | |  | | |  | | |  | | |  | | |  | |
| Lolly’s | |  | | |  | | |  | | |  | | |  | | |  | |
| Teil en/of voetbad | |  | | |  | | |  | | |  | | |  | | |  | |
| Handdoeken en washandjes | |  | | |  | | |  | | |  | | |  | | |  | |
| Spullen om handen mee te wassen/ontsmettingsmiddel | |  | | |  | | |  | | |  | | |  | | |  | |
| Handschoenen | |  | | |  | | |  | | |  | | |  | | |  | |
| Anders: | |  | | |  | | |  | | |  | | |  | | |  | |
| Anders: | |  | | |  | | |  | | |  | | |  | | |  | |
| **Namaste-team** | | | | | | | | | | | | | | | | | | |
| Naamkaartje zichtbaar |  | | |  | | |  | | |  | | |  | | |  | | |
| Groet iedereen bij binnenkomst |  | | |  | | |  | | |  | | |  | | |  | | |
| Monitort de veiligheid van de bewoners |  | | |  | | |  | | |  | | |  | | |  | | |
| Correcte interactie met bewoners |  | | |  | | |  | | |  | | |  | | |  | | |
| Gebruik handschoenen bij infectiegevaar |  | | |  | | |  | | |  | | |  | | |  | | |
| Altijd een Namaste-medewerker in de ruimte |  | | |  | | |  | | |  | | |  | | |  | | |
| Namaste-administratie bijwerken na elke sessie |  | | |  | | |  | | |  | | |  | | |  | | |
| Anders: |  | | |  | | |  | | |  | | |  | | |  | | |
| Anders: |  | | |  | | |  | | |  | | |  | | |  | | |